# NEWSLETTER

#### Hong Kong Association of Critical Care Nurses Limited (HKACCN Ltd)

Vol. 10, No. 1, March 2009

# Extra on the Working Progress of HKANPC

WONG Esther President HKACCN

The success of the Academy of Medicine is a good example where the specialist status of doctors is formally accredited through various constituent colleges. The latter are responsible for training, assessment and admission of these members to world recognized qualifications. The nursing profession is preparing to pursuit the same professional development by the establishment of an Academy of Nursing.

On behalf of Hong Kong Association of Critical Care Nurses, I have participated in the preparatory work of the Academy of Nursing in Hong Kong since 2002 and I have witnessed a continuum of activities in this connection. Under the leadership of Dr. Susie Lum, the Hong Kong Academy of Nursing Preparatory Committee (HKANPC) was formally established in June 2006. In 2007, the Food and Health Bureau has been involved in the planning process, which shows government support to the nursing discipline. Recently, a few events are note-worthy:

- 1. Professor Gabriel Leung, Under Secretary for Food & Health, Food & Health Bureau, The Government of the Hong Kong Special Administrative Region, has met with representatives from HKANPC on 19 March 2009. He expressed that a consensus was reached in the Bureau to support the establishment of the Academy of Nursing and advised us to make reference to the overseas models in regulating nurse specialist. He also emphasized overseas linkage and reciprocal recognition with Mainland China and overseas countries. He opined that there should be a substantial number of members in each college in order to make the specialty sustainable and comparable with their counterparts overseas.
- With the sponsorship of the Fulbright Grant and the School of Nursing, the Hong Kong Polytechnic University. Professor Tanya Whitehead, a Fulbright senior specialist from the United States of America has been seconded to provide consultancy for the esta-



blishment of the Academy of Nursing in Hong Kong. Professor Whitehead is now serving as a Research Associate Professor in the University of Missouri-Kansas City and Commissioner on Accreditation in the American Nurses Credentialing Center. She is also the Program Officer who oversees Nursing Skills Competency Program in the American Nurses Association.

Professor Whitehead will conduct two forums (am & pm) on 25 April 2009 at Princess Margaret Hospital and provide advice on the following issues: i) standard setting for admission into nurse specialist registration; nurse specialist education; qualifying examination and nurse specialist practice; ii) accreditation of local and overseas programs of nurse specialist education; and iii) the formation of Academy Constituent Colleges.

The aforesaid forum offers 3 CNE points. We hoped that critical care nurses can have direct dialogue with the specialist from the United State thus facilitating our way to forming a specialty under the Academy of Nursing in Hong Kong. Do not miss the chance to better understand the possible development of our specialty. Let us work collaboratively on this hand in hand.

# First AGM of the HKACCN Ltd (6 June 2008)

CHIANG Vico Chief Editor HKACCN Newsletter

The Hong Kong Association of Critical Care Nurses (HKACCN) was established as a non-profit specialty organization in 1998. Since then the Association has been a very active professional body in Hong Kong, Mainland China and overseas. Mission of the association is dedication to promoting quality and cost-effective care for critically ill patients, and strengthening ties with their families and the community. The HKACCN believes in health education to the public and healthcare professionals; promotion of research activities to support evidence-based nursing practice; and implementation of agreed practice standards of critical care nursing.

The Association changed its status from police station registered to company registered in April 2007. On 6 June 2008, the HKACCN Ltd. held its first Annual General Meeting (AGM) and dinner after its incorporation. There were more than 250 participants, including nursing leaders and honor-

able guests, who attended the meeting and enjoyed the dinner. There were also more than 15 industrial partners who sponsored the event. Furthermore, it was our great pleasure that Mr. Anthony Wu, Chairman of the Hospital Authority, delivered a very encouraging keynote speech entitled "Critical care nurses: The public expectation" for our members during the dinner (full content of the speech published in this issue of Newsletter). Dr. Susie Lum, Chief Manager (Nursing), HA and Dr. Vico Chiang, Teaching Consultant, HKU also conducted a seminar on the issues of preparing for the establishment of the Hong Kong Academy of Nursing (HKAN) and experiences of other countries on their ways to accreditation for critical care It was a very enjoyable and respectively. meaningful evening to celebrate the first year of successful works after incorporation of HKACCN.



Board Directors pictured with honorable guests and advisers at the 1<sup>st</sup> AGM

During the year 2007 – 2008, apart from the work of education and promotion of critical care nursing in Hong Kong, HKACCN collaborated with a number provincial governments and organizations in Mainland China to conduct structured basic and enhanced critical nursing care courses for nurses in the Mainland, e.g. Jilin University and Jilin Nurses' Association, and ChongQing province, etc. Starting from 2007, the Association works with Laerdal CPR Training Center to create a platform for all health care professionals in Hong Kong and Mainland China to acquire the international qualifications of both Basic and Advanced Cardiac Life Support (BLS & ACLS). A Memorandum of Understanding (MOU) with Laerdal International Training Office (ITO) of the American Heart Association was signed in the AGM for this co-operation.

As a member of the Hong Kong Academy of Nursing Preparatory Committee (HKANPC), the Association also actively involved in the establishment of HKAN during the previous year, and will continue to contribute to the work of HKANPC.

Ms. Esther Wong, founding President of the incorporated HKACCN, has successfully led the Association for one year after incorporation. Under her leadership, the Association collaborates closely with more professional organizations in terms of

training for nurses, particularly in the development of the professional and academic qualification of the specialty. And in the international arena, the Association will continue to work hard and be visible in representing critical care nurses in Hong Kong and share the achievement with the members of World Federation of Critical Care Nurses (WFCCN) in other countries. We look forward to another year of work of the HKACCN.

# Congratulations to the successful completion of our 1st AGM!!

## 香港危重病學護士協會有限公司 第一次會員大會暨周年聚餐 醫院管理局主席胡定旭先生講辭

黃(綺馨)會長、各位嘉賓、各位同事、各位朋友:

首先非常多謝黃會長(Esther)的邀請。Esther以前是我們醫管局的同事,危重病學對病人又很重要,我當然唔會「托手踭」。你們請我講的題目係「公眾對危重病學護士的期望」,我加入醫管局超過8年,接觸不少病人同護士,知道他們的需要,所以,我講這個題目,可以和各位分享一下我這幾年來的觀察和心得。

醫管局有兩萬護士大軍,護士絕對是醫管局的中流 砥柱。危重病學護士包括急症室護士、深切治療科 護士和手術室護士。很多人都知道,他們對公眾而 言是非常重要的。可是公眾對危重病學護士有什麽 期望呢?



Chairman Anthony Wu, Professor Peng Gan-Yi (彭剛藝教授) & Ms Esther Wong pictured with ICU nurses who were clinical mentors of Mainland nurses in HK

#### 公眾對急症室護士的期望

首先,急症室的病人一般都要盡快處理,而他們的情況每個也不同,有車禍受傷的,有食錯東西的,可以說不同的奇難雜症都有。病人入到急症室之後,急症室護士需要即時分析, 評估病人的情況, 再

決定他們需要什麼治療。所以,急症室護士需要有 鎮定和冷靜的頭腦,才可以做到臨危不亂。

除此之外,急症室護士還要觀察入微。原因是很多時病人的病情並不明顯,又或者不願意透露受傷的原因和經過。在這種情況之下,急症室護士就要憑經驗和觀察力,無論直接問清楚或去旁敲側擊,都要找出真正之原因。

急症室有分流制度,會首先處理情況較危急的病人。所以,急症室護士要能夠果斷作出決定,才可以 按緩急輕重將病人分流。遇到需要隔離的病人,例 如發燒之病人,就要即時隔離他們,以免影響其他 病人。

另一方面,急症室護士還要有良好的溝通技巧。進入急症室的病人和他們的家人通常都會很擔心,在這個時候急症室護士需要很細心向他們解釋病人的情況,他們才明白病人將會接受什麼治療,同時安慰他們,使他們不用太擔心。

急症室是醫院最繁忙的部門之一,有些時侯急症室 護士放假都可能要回到醫院裏幫手,真是少一點責 任心和工作熱誠也不能。

#### 公眾對深切治療科護士的期望

至於深切治療科,病人極度嚴重危殆,很多時候也 不能說話,不能夠表達自己的感受,所以深切治療 科護士們的專業知識和操守兩方面都要有更加高之 水平。

爲何我這樣說呢?原因是深切治療科護士需要單對單去照顧病人,誇張一點兒說句,對病人而言,他們的生命就在深切治療科的醫護人員手上。所以深切治療科護士絕對需要有很高的專業操守,才可以得到病人同和他們親友的信任。

至於說深切治療科護士要有很豐富的專業知識,原因是深切病房病人的病也不是一般的病,照顧他們和照顧普通病人是很不同的事情,要資深的護士才可以勝任。

和急症科護士一樣,深切治療科護士亦需要良好的 判斷力,簡單如家屬可不可以探望病人,都由深切 治療科護士根據病人的情況來造決定。

我之前說過深切病房病人的病不是一般的病,所以病人家屬都會期望護士可以教導他們,例如照顧病人時要注意什麼,又或者怎樣去接受家人有重病這件事情。

#### 公眾對手術室護士的期望

至於手術室護士,他們更加要發揮「全人照顧」的 精神。需要做手術的病人見得最多的人可能就是護 士,因爲在手術前,護士要負責安排一切,與及安 慰病人;手術後,病人張開眼晴後第一個見到的人 也是護士。如果手術室護士可以給與病人一份信心 ,對病人的康復和心理都有絕對的幫助。

此外,可以在手術室裏面做得醫生的左右手,手術室護士之專業訓練和水平一定要有一定的情度。當然,他們更加要膽識過人,否則看不慣血淋淋的手術場面真是會令人驚恐。我們很熟悉的Susie(Dr Lum)用「敢死隊」這個字眼來形容手術室護士,不過如果是我,我會加多一個形容詞,叫他們做「神勇敢死隊」。

#### 結語

危重病學護士對病人固然重要,「危重病學護士協會」的貢獻亦不相伯仲。我知道協會每年都爲香港甚至內地的護士舉辦很多不同之培訓,對培育下一代危重病學護士付出了很多力。有些培訓課程還會與醫管局合作,我期望在將來能夠與他們有更多的合作機會,一同培育更多的危重病學護士,最終令廣大的市民受益。多謝各位。

# The Road to Critical Care Accreditation: What have other countries achieved?

(Original talk delivered in the 1<sup>st</sup> AGM on 6 June 2008)

CHIANG Vico Chief Editor HKACCN Newsletter

Dear President Wong, guests, colleagues and friends.

It is my great pleasure and honour tonight to have a chance to share with you some knowledge and experience I have regarding what other developed countries have achieved in their ways to establish a system of critical care nursing accreditation and nursing specialization.

During the 80s' and early 90s', there has been a debate in whether nursing should advance its professionalization by specialization or remaining generalized in the nursing practice. And as you have been aware of up to this time nursing in many countries has chosen to be specialized for its road of professionalization. The first few nursing specialties established in the USA were obstetrics,

surgical and OT during the 1890s. Who do we nurses believe are ultimately benefited out of our professionalization and specialization in Hong Kong then? The answer is clear – the society and residents of Hong Kong as a whole.

The recent attempt by nurses to establish the Hong Kong Academy of Nursing (HKAN) has been a great step in Hong Kong to achieve a better accreditation system of nursing specialization. The aim of HKAN is to regulate "practices of advanced practice nurses to safe-guard the society's right to receive safe and quality health care services" (HKANPC, 2007, p.2). As you know, advanced practice nurses are nurses with a specialized nursing background. For your interest, detailed functions of the HKAN are outlined here, to

- set, monitor and enforce the standards of study and practice of specialty nursing in Hong Kong;
- 2. accredit advanced-practice programs and education institutions in reference to the set standards:
- certify and re-certify individuals who have graduated from the accredited programs (and comparable others) for advanced practice;
- sponsor and conduct educational activities that enable advanced practice nurses to maintain currency in areas of expertise;
- support and foster development of advanced nursing practice, e.g. through recognition of excellence, through analyses of future needs; and educate the public regarding the roles and benefits of specialization in nursing.

Now, I'll share with you what the USA and Australia have achieved in accrediting critical care and other nursing specialties. In the USA, the American Nurses Association (ANA) established in 1911. The ANA represents 2.9 millions RNs through its 54 constituent member http://www.nursingworld. associations (see org/FunctionalMenuCategories/AboutANA/WhoWe Are/CMA.aspx) and they aim to advance the nursing profession by,

- 1. fostering high standards of nursing practice,
- 2. promoting the economic and general welfare of nurses in the workplace,
- projecting a positive and realistic view of nursing, and
- lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public" (ANA, 2008).

The ANA also has two associate organizational members, 18 organizational affiliates (including American Association of Critical-Care Nurses – AACN), individual direct members at the national level, individual affiliate members and related entities (with limited access), and three subsidiaries (see <a href="http://www.nursingworld.org/Fun">http://www.nursingworld.org/Fun</a>

ctionalMenuCategories/AboutANA/WhoWeAre/Affil iatedOrganizations\_1.aspx). The three subsidiaries of ANA are, 1) American Academy of Nursing (AAN) (<a href="http://www.aannet.org/i4a/pages/index.cfm?pageid=1">http://www.aannet.org/i4a/pages/index.cfm?pageid=1</a>), American Nurses Foundation (ANF) (<a href="http://www.anfonline.org/">http://www.anfonline.org/</a>), and American Nurses Credentialing Center (ANCC) (<a href="http://www.nursecredentialing.org/">http://www.nursecredentialing.org/</a>).

The mission of AAN is "to serve the public and nursing profession by advancing health policy and practice through the generation, synthesis, and dissemination of nursing knowledge" and they have a vision to "transforming healthcare policy and practice through nursing knowledge" (AAN, The AAN admits qualified outstanding nurses as fellows (FAAN) but as the ANF, both of them do not accredit specialties in nursing. The purpose of ANF, through national philanthropic activities, is to promote the continued growth and development of nurses and services to advance the work of the nursing profession, and to provide a source of funding for nursing research. There has been over 950 nursing research grants with a total amount of more than US\$3.5 millions awarded by the ANF since 1955 (ANF, 2007). The ANCC serves to promote excellence in global nursing and health care through credentialing by examinations for 26 programs and related services of nursing specialties, except for the critical care nursing (ANCC, 2008).

In the USA, the American Association of Critical-Care Nurses (AACN), one of the 18 organizational affiliates of ANA (AACN, 2008), provides accreditation for critical care nurses. The AACN provides the following accreditations,

- 1. CCRN (Certification for Adult, Pediatric and Neonatal Critical Care Nurses),
- 2. CCNS (Certification for Adult, Neonatal and Pediatric Acute and Critical Care CNSs),
- PCCN Certification for Progressive Care Nurses,
- 4. ACNPC (Acute Care Nurse Practitioner Certification Exam),
- CMC (Cardiac Medicine Subspecialty Certifications), and
- 6. CSC (Cardiac Surgery Subspecialty Certifications).

Overall, the accreditation system and types of accreditation available are quite comprehensive for nurses in the USA.

In Australia, the development of advanced practice nursing has been actively pursued by the nursing profession and a number of nursing bodies since the 90s', e.g., the Royal College of Nursing Australia (RCNA - <a href="http://www.rcna.org.au/">http://www.rcna.org.au/</a>), The College of Nursing (formerly NSW College of Nursing - <a href="http://www.nursing.aust.edu.au/">http://www.nursing.aust.edu.au/</a>), and the Australian Academy of Nursing (AAoN - <a href="http://www.aaon.com.au/">http://www.aaon.com.au/</a>). The RCNA has a mission to "benefit the health of the community through

promotion and recognition of professional excellence in nursing". It encompasses the continuing professional and policy development, and admits qualified nurses for the award of Fellowship (FRCNA). The College of Nursing aims to "lead the development of the profession in line with the changing needs of the community, trends in health service delivery and the aspirations of nursing professionals themselves" and it offers a wide range of post-graduate certificate courses in various fields/specialties of nursing. In Australia, qualified nurses can practise at a specialist or consultant level and the first landmark authorization of a nurse practitioner was made in Up to 2005, there were 58 Dec 2000. nurse/midwife practitioners in Australia (The Australian Nurse Practitioner Association, n.d.).

After the National Review of Nursing Education in 2002 for the decade of baccalaureate nursing education, the Australian Government appointed the nursing profession to establish The National Nursing and Nursing Education Taskforce (N<sup>3</sup>ET). The N<sup>3</sup>ET aims to implement a number of recommendations raised in the aforesaid National Review of Nursing Education's report in order to drive major nursing education and workforce reforms (N<sup>3</sup>ET, 2006a). Six governance standards for specialist nursing and midwifery organizations were later developed in 2006 for the N<sup>3</sup>ET (by the NNO, 2006), which "guide the practice of such organisations representing the interests of nursing and midwifery and to then use the standards to current compliance". measure standards are,

- being clear about the organization's purposes and outcomes to the membership, stakeholders and wider community;
- 2. performing effectively and demonstrating accountability through clearly defined functions and roles;
- promoting values for the whole organization and demonstrating the principles of sound governance;
- 4. taking lawful, informed, transparent decisions and managing risk;
- 5. developing the capacity and capability of the board/governing body to be effective; and
- 6. engaging the membership, stakeholders and wider community and making accountability real.

In that regard, a tool kit and a self-assessment tool were made available for different nursing fields to assess their status (see <a href="http://www.nnnet.gov.au/downloads/nno\_tool\_kit.pdf">http://www.nnnet.gov.au/downloads/nno\_tool\_kit.pdf</a>). A national specialization framework with four elements was also proposed to guide the identification and definition of nursing specialties in Australia (N³ET, 2006b). The framework includes,

- 1. the six criteria for a recognized national specialty as mentioned above:
- 2. identifying specialties (areas of practice that

- meet the criteria);
- the skills domains (common skill groups and attributes but may vary in knowledge bases);
- the practice strands (identifying the areas of practice that did not meet the full criteria for a national specialty).

Finally, 14 specialists with 10 skill domains and 52 practice strands were identified for the nursing profession in Australia (see Figure 1, p.5 in N³ET, 2006b). The 14 specialties are Critical Care, Community Health, Education and Research, Emergency Care, Family Health, Gerontic Health, Health Care Planning & Management, Mental Health, Midwifery, Neurological Care, Oncology / Haematology Care, Paediatric Care, Peri-operative Care and Renal Care.

In conclusion, there is a world trend of specialization for nursing, and the accreditation of such specialization and advanced nursing practice. In the developed countries, different degrees of progress have been made and accreditation models established for specialties and the advanced practice of nursing. There is an essential need to have a collective and authorized body that regulates all the efforts in specialization and advanced practice accreditation of nursing in Hong Kong. As we have seen the journey being traveled by Australian nurses, the support of health ministry and systematic efforts in achieving such goal and accreditation are crucial. practising nurses include specialists of a specific nursing field but the works of advanced practice nurses and nurse practitioners are different. Therefore, there is also a need to establish the system and mechanism for registration and accreditation of specialists and nurse practitioners in nursing as the future development of the nursing profession in Hong Kong. To this end,

It is those who concentrate on but one thing at a time who advance in this world. The great man or woman is the one who never steps outside his or her specialty or foolishly dissipates his or her individuality.

Og Mandino (1923-1996) American motivational author & speaker

Thank you.

#### Reference

Available upon request to the editor.

## UPCOMING PROGRAMS

I) **醫學普通話班** (2009 / 7月 - 12月)

課程簡介:

香港醫療人員與內地人員交流日增,而從內地來港的人士也大幅增加,需要應用普通話的機會也增多,但不是每位醫療人員也講得一口流行普通話,特別是醫學名詞.本課程旨在提高醫療人員的普通話溝通能力及技巧,特別針對醫療人員如醫生,護士,物理治療師,接待員等等。

#### 課程特色:

- 1. 小组形色,學員有更多機會參與討論及學習
- 2. 內容豐富,包括:
  - 基礎拼音,拼讀等
  - 時事討論
  - 課本研讀
  - 日常及醫學會話
  - 醫學名詞及詞彙
- 3. 高效率, 短時間內提高溝通能力
- 4. 實用性高,可應用如日常工作中

#### 上課日期:

第二班:

7月7,14,21,28日,8月4,11,18,25日

9月1,8日共10晚(星期二)

#### 第三班:

10月6,13,20,27日,

11月3,10,17,24日

12月1,8日共10晚(星期二)

#### 上課時間:

第二班至第三班逢星期二 晚上 六時 至九時

#### 上課地點:

香港危重病學護士協會 (HKACCN) 香港灣仔道230號佳城大廈501室

#### 人數:

15-20人

#### 講員:

劉慧文老師

前浸會大學,香港中文大學,教育學院普通話講師現任香港公開大學普通話講師

#### 教學語言:

普通話爲主,輔以廣東話

#### 學書:

- \$1500(會員), \$2000(非會員) 包括課本及補充材料
- 出席率達80%,可獲發本會之修讀證明書(CNE: 30分)

#### Convenor :

Ms. Frandia WONG, APN (W&UM), ICU / QMH

#### II) ECG Course for Beginners

#### **Course Objectives:**

- To enhance frontline nurses' knowledge on basic ECG concept and common arrhythmias.
- To promote the competence of frontline nurses in caring patients with common arrhythmias.

#### **Target Group and Capacity:**

All nurses; 36 per class

#### **Duration:**

Total 12 contact hours (2-hour lecture for 6 sessions)

#### Date and Time:

ECG 2009-2 May 7, 14, 21, Jun 4, 11,18

ECG 2009-3 Aug 6, 13, 20, 27; Sep 3, 10

ECG 2009-4 Nov 5, 12, 19, 26; Dec 3, 10

All Thursday evenings for each identical course, 6:30 - 8:30 pm

#### Venue:

**HKACCN** 

Rm 501, 5/F Great Smart Tower, 230 Wan Chai Road, Hong Kong

#### Speakers:

Nursing experts from critical care areas

#### Language medium:

Both English & Cantonese

#### Award:

- Certificate of Attendance will be issued for those who have 80% attendance
- Certificate of competition will be issued for those who have 80% attendance and pass the quiz (12 CNE Points)

#### **Program Fee:**

HK\$1200 (Member), HK\$1800 (Non-member)

#### III) Elementary Critical Care Nursing ECCN Series Module 2 – 3

This Elementary Critical Care Nursing (ECCN) Series is designed to enable frontline nurses to understand the basic concepts in the monitoring and management of critically ill patients in Critical Care Areas. It consists of 3 modules:

- Module 1: Respiratory Care (Class commenced)
- Module 2: Cardiovascular Care (1 Jun 20 Jul 2009)
- Module 3: Reno-Neuro-Trauma Care (7 Sep 2 Nov 2009)

(see <a href="http://www.medicine.org.hk/hkaccn/activities.htm#m1">http://www.medicine.org.hk/hkaccn/activities.htm#m1</a> for details of the topics in each module)

#### **Target Group and Capacity:**

All nurses; 36 per module

#### **Duration of each Module:**

8 Mondays evenings (6:30 - 8:30 pm)

#### Venue:

**HKACCN** 

Rm 501, 5/F Great Smart Tower, 230 Wan Chai Road, Hong Kong

#### Speakers:

Nurse Specialists and APNs from critical care units

#### Language medium:

English & Cantonese (with English Handouts)

#### Award:

Certificate of Completion for each Module will be issued to those who attended all the sessions and passed the quiz (16 CNE points)

#### Program Fee (per module):

HK\$1600 (Member), HK\$2000 (Non-member)

#### **IV) Auscultation Workshop**

This workshop is designed to help improving nurses' knowledge and skills in listening patients' heart and lung sounds.

Discounted stethoscope

#### Content:

- 1. Lecture on cardiac auscultation
- Lecture on lung auscultation(2 hours per session)

**Target Group and Capacity:** 

All nurses; 30 per class

#### **Date and Time:**

**TBA** 

### Venue:

**HKACCN** 

Rm 501, 5/F Great Smart Tower, 230 Wan Chai Road, Hong Kong

#### Speaker:

Dr. CHAN Wai Ming, Consultant AICU, Queen Mary Hospital

#### Language medium:

Cantonese (English handouts)

#### Award

A Certificate of Attendance will be issued to those who attended the workshop (2 CNE Points)

#### Program Fee:

With FREE stethoscope:

HK\$600 (Member), HK\$900(Non-member)

Without free stethoscope: HK\$200 (Member), HK\$300 (Non-member)

# VI) Basic Life Support and Advanced Cardiac Life Support Courses

# a) Basic Life Support (for Health Care Provider) (BLS – HCP) Course

This BSL – HCP Course is organized by the HKACCN Ltd. The HKACCN Ltd is an official AHA training site under Laerdal International Training Center (ITC), which is the ITO of AHA CPR and ECC Course in Hong Kong,

China and Macau.

#### Content:

- CPR skills for all ages (adult, child, infant) according to AHA 2005 CPR Guidelines
- Ventilation with pocket mask and BVM
- Use of Automated External Defibrillator (AED)
- Foreign Body Airway Obstruction Management

#### **Target Groups:**

- Health care providers, such as nurses, doctors, paramedics, and ambulance personnel
- Nursing and medical students
- · Other interested personnel

#### Date and Time:

8:30am – 1:00pm (a half-day program) 26 Apr; 9 or 23 May; 6 or 13 Jun; 11 or 18 Jul; 8 or 15 Aug; 12, 19 or 26 Sept; 10, 17 or 24 Oct; 7, 14 or 21 Nov; 5 or 12 Dec 2009

#### Venue:

TBA

#### Award:

AHA BLS – HCP Course Completion Card – valid for 2 years (4 CNE points; 2 – 7 CME points)

#### **Program Fee:**

HK\$400 (Member), HK\$600 (Non-member)

## b) Advanced Cardiac Life Support (ACLS) Provider Course

This Advanced Cardiac Life Support (ACLS) Provider Course is organized by the HKACCN Ltd.

The HKACCN Ltd is an official AHA training site under Laerdal International Training Center (ITC), which is the ITO of AHA CPR and ECC Course in Hong Kong, China and Macau.

#### Content:

- Adult CPR skills and use of AED (According to AHA 2005 CPR Guideline)
- Management of 10 core cases related to resuscitation including: Pulseless VT/VF, Asystole, PEA, bradycardia (Heart Block), Unstable Tachycardias, Stable Tachycardias, Respiratory Arrest, Acute Coronary Syndrome, and Acute Stroke.

#### **Target Groups:**

- Health care providers, such as nurses, doctors, paramedics, and ambulance personnel
- Nursing and medical students
- Other interested personnel





Date and Time (a 2-day program):

1:00 pm - 8:00 pm Day 1: Day 2: 8:30 am - 5:30 pm

9 - 10 May; 23 - 24 May;

13 – 14 Jun; 11 – 12 Jul; 18 – 19 Jul; 15 - 16 Aug; 12 - 13 Sept; 26 - 27 Sept; 17 - 18 Oct; 14 - 15 Nov; 21 - 22 Nov; 2009

Venue: **TBA** 

Award:

AHA ACLS Provider Course Completion Card - valid for 2 years (13 CNE points; 5 – 13 CME points)

**Program Fee:** 

HK\$1300 (Member), HK\$2500 (Non-member)

**Enquiries for ALL COURSES:** 

2861 2972 (Mr. Leo LAM) Email: hkaccn@yahoo.com.hk

For detailed information and application form:

http://www.medicine.org.hk/hkaccn/activities.htm#m1

(報名及繳費:填妥報名表格,連同劃線支票,親自遞交或郵 寄至HKACCN Ltd.)

#### V) Refresher Program for ICU Nurses

The HKACCN Ltd. would like to seek your opinions and ideas about the need and structure of a refresher program for ICU nurses. Please feel free to send your comments to the President Ms. Esther WONG or Vice-President Ms. Fung-Yee LEUNG at hkaccn@yahoo. com.hk

#### CONFERENCE ANNOUNCEMENT

18 - 22 Aug 2009 The Chinese Nursing Association (中華護理學會) 100<sup>th</sup> **Anniversary Conference** 

CNA will celebrate its 100<sup>th</sup> anniversary with this exciting Chinese, Japanese and Korean conference. A special tour for the HKACCN delegates to join this Beijing event is being arranged. Please join the HKACCN.

Place: Beijing International Convention Center

For enquiries:

2861 2972 (Mr. Leo LAM) hkaccn@hahoo.com.hk

CNA contact: 86-10-65265331 ( 韩江红、马玉萍 )

29 - 30 May 2009

Critical Care Nursing Continuing Education 10th Annual Meeting ICE 2009 (offered by the Australian College of Critical Care Nurses - ACCCN)

Place: Hobart, Tasmania, Australia

http://www.acccn.com.au/content/view/126/157/

28 Aug - 1 Sept 2009

Congress of the World Federation of Societies of Intensive and Critical Care Medicine (collaborated with the World Federation of Critical Care Nurses – WFCCN)

Place: Florence, Italy

Website:

http://www.wfsiccm-florence2009.it/en/index.php

14 - 16 Sept 2009

2009 International Conference of the British Association of Critical Care Nurses (BACCN)

Place: Belfast, North Ireland

Website:

http://www.baccnconference.org.uk/

29 Oct - 1 Nov 2009

ANZICS / ACCCN ASM 2007 Place: Perth, WA, Australia

Website:

http://www.intensivecareasm.com.au/content/view/112/144/

**USEFUL LINKS** 

International Nurses Day 2009

Theme: Delivering Quality, Serving Communities: Nurses Leading Care Innovations (IND Kit Download: http://www.icn.ch/indkit.htm)

Australian Collage of Critical Care Nurses (ACCCN) http://www.acccn.com.au/

Australian & New Zealand Intensive Care Society (ANZICS) http://www.anzics.com.au/

British Association of Critical Care Nurses (BACCN) http://www.baccn.org.uk/

European Federation of Critical Care Nurses(EfCCNa) www.efccna.org

World Federation of Critical Care Nurses (WFCCN) www.wfccn.org

#### **CONTRIBUTIONS TO THE NEWSLETTER**

The HKACCN Newsletter is published quarterly. The editor welcomes articles reporting news and views relevant to critical care nursing. The following deadlines for submission of issues, news clips, short articles, and research briefs must be adhered to for 2009. Please email your contribution to editorial board at vchiang@hkucc.hku.hk hkaccn@yahoo.com.hk

Article Preparation

Individual submission should be double-spaced and can be sent through emails. Accompanying photographs must be of good quality. The editor reserves the right to accept, modify, reject and/or check material to corroborate information.

Submission Deadlines

July 2009 issue - 30 May 2009 October issue - 30 August 2009 January 2010 issue - 30 November 2009

**Editorial Panel** 

Chief Editor Associate Editors Dr. Vico CHIANG Ms. Esther WONG Mr. David CHAN Ms. Anita PANG

